

**Curriculum Vitae -Margaret Anne Defeyter BSc PhD CPsychol FHEA FBPsS
FRSA**

Associate Pro Vice-Chancellor Strategic Planning & Engagement,
Director of Healthy Living
Director of Business and Employer Engagement Faculty of Health & Life Sciences
Northumbria University

Date of birth: 20th September 1962

Work address:

Department of Psychology
Faculty of Health and Life Sciences
Northumberland Building
Northumbria University
Newcastle-upon-Tyne
NE1 8ST

Education:

Postgraduate Certificate in Higher Education at Northumbria University, July 2004.

Ph.D. in Psychology, at the University of Essex, April 2003. Title of the thesis: 'Developing an understanding of design: evidence from functional fixedness tasks and functional fluency tasks' (Economic Social Research Council Funded).

BSc Honours Degree (1st class) in Psychology at the University of Essex, June 1999.

Fellowships:

2015 Fellow of The British Psychological Society
2014 Fellow of The Royal Society of Arts
2007 Fellow of The Higher Education Academy

Peer-reviewed Journal Articles:

Under Review:

Shinwell, J., & **Defeyter, M.A.** Summer Holiday and Educational Learning Loss

Gooseman, A., **Defeyter, M.A.** and Graham, P.L. Holiday Hunger and learning: Exploring the views of teaching staff in the North East of England, UK.

Mann, E., Stretesky, P. B., Long, M.A. & **Defeyter, M.A.** Mapping Holiday Hunger across the UK: A Sociological Perspective.

Morris, J. L., Daly-Smith, A., **Defeyter, M.A.**, McKenna, J., Zwolinsky, S., Lloyd, S., Fothergill, M., & Graham, P.L. Preliminary findings of a school-based pedometer intervention: are standard reporting protocols masking potential benefits in previously inactive subpopulations?

Published:

Harvey-Golding, L., Donkin, L.M., & **Defeyter, M.A.** (2016). Universal free school breakfast: A qualitative process evaluation according to the perspectives of senior stakeholders. *Public Health Frontiers*.

Graham, Pamela L., Crilley, Eilish, Stretesky, Paul, Long, Michael, Palmer, Katie Jane, Steinbock, Eileen and **Defeyter, Margaret Anne** (2016) *School holiday food provision in the UK: a qualitative investigation of needs, benefits, and potential for development*. *Frontiers in Public Health*, 4. p. 172. ISSN 2296-2565

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Sheridan, K. M., Konopasky, A. W., Kirkwood, S., & **Defeyter, M.A.** (2016). The effects of environment and ownership on children's innovation of tools and tool material selection. *Philosophical Transactions B*, 37, Issue 1690.

Defeyter, Margaret Anne, Graham, Pamela L. and Prince, Kate (2015) A qualitative evaluation of Holiday Breakfast Clubs in the UK: Views of adult attendees, children, and staff. *Frontiers in Public Health*, 3. p. 199. ISSN 2296-2565

Defeyter, Margaret Anne, Graham, Pamela L. and Russo, Riccardo (2015) *More than just a meal: breakfast club attendance and children's social relationships*. *Frontiers in Public Health*, 3. p. 183. ISSN 2296-2565

Graham, Pamela L., Russo, Riccardo and **Defeyter, Margaret Anne** (2015) *Breakfast clubs: Starting the day in a positive way*. *Frontiers in Public Health*, 3. p. 172. ISSN 2296-2565

Graham, Pamela L., Russo, Riccardo and **Defeyter, Margaret Anne** (2015) *The advantages and disadvantages of breakfast clubs according to parents, children, and school staff in the North East of England, UK*. *Frontiers in Public Health*, 3. p. 156. ISSN 2296-2565

Harvey-Golding, L., Donkin, L., Blackledge, J., & **Defeyter, M.A.** (2015). Universal free school breakfast: a qualitative model for breakfast behaviours. *Frontiers in Public Health* May 2015

Graham, Pamela L., Russo, Riccardo, Blackledge, John and **Defeyter, Margaret Anne** (2014) Breakfast and beyond: The dietary, social and practical impacts of a universal Free School breakfast scheme in the North West of England, UK. *International Journal of Sociology of Agriculture and Food*, 21 (3). pp. 261-274. ISSN 0798-1759

Malcolm, S.L., **Defeyter, M.A.**, & Friedman, O. (2014). Children and adults use gender- and age-stereotypes in ownership judgments. *Journal of Cognition and Development*.

Defeyter, M.A. & Russo, R. (2013). The effect of breakfast cereal consumption on adolescents' cognitive performance and mood. *Frontiers in Human Neuroscience*, 7, 1-10.

Friedman, O, Van de Vondervoort, J.W., **Defeyter, M.A.**, & Neary, K.R. (2013). First possession, history, and young children's ownership judgments. *Child Development*.

Friedman, O., Neary, K.R., **Defeyter, M.A.**, & Malcolm, S.L. (2011). Ownership and object history. *New Directions for Child and Adolescent Development*, 132, 79-89.

Defeyter, M.A. & Walton, J. (2010) A review of School Breakfast Clubs. *Nutrition Bulletin*, 32, 245 - 253.

Defeyter, Margaret Anne, Graham, Pamela L., Walton, Jenny and Apicella, Tony (2010) *NEWS AND VIEWS: Breakfast clubs: availability for British schoolchildren and the nutritional, social and academic benefits*. *Nutrition Bulletin*, 35 (3). pp. 245-253. ISSN 1471-9827

Defeyter, M.A., McParlin, P., & Russo, R. (2009). The picture superiority effect in recognition memory: A developmental study using the response signal procedure. *Cognitive Development*, 24, 3, 265-273.

Defeyter, M.A., German, T.P., & Hearing, J. (2009). A developmental dissociation between category function and function judgments about novel artifacts. *Cognition*, 110, 2, 260-264.

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Haskell, C, Scholey, A.B., Jackson, P.A., Elliot, J., **M. A. Defeyter**, M.A., Greer, J., Robertson, B., Buchanan, T., Tiplady, B., Kennedy, D. O. (2008). Cognitive and mood effects in healthy children during 12 weeks supplementation of multi-vitamin/minerals. *British Journal of Nutrition*, 100, 1086-1096.

Defeyter, M.A., German, T. P., & Avons, S.E. (2007). Developmental changes in information central to artifact representation: Evidence from functional fluency tasks. *Developmental Science*.10, 538-546.

Defeyter, M.A. & McPartlin, P. L. (2007) Helping students understand essay marking criteria and feedback. *Psychology Teaching Review*. March Issue.

Ingwersen, J., **Defeyter, M.A.**, Kennedy, D.O., Wesnes, K. A., & Scholey, A.B. (2007). A low glycaemic index breakfast cereal preferentially prevents children's cognitive performance from declining throughout the school morning. *Appetite*, 49. 240 -244.

German, T. P., Truxaw, D., & **Defeyter, M.A.** (2007). The role of information about "Convention", "Design", and "Goal" in representing artifact kinds. *New Directions for Child and Adolescent Development*, 115,69-81.

Russo, R., Fox., E., Cinel, C., Boldini., A, **Defeyter, M.A.**, Mirshekar, D., Metha, A. (2006). Does acute exposure to mobile phones affect human attention? *Bioelectromagnetics*, 27, 215 -220.

Yazdi, A., German, T. P., **Defeyter, M.A.**, & Siegal, M. (2006). Competences and performance in belief-desire reasoning across two cultures: The truth, the whole truth and nothing but the truth about false belief? *Cognition*, 100, 343-368.

Defeyter, M.A. & German, T.P. (2003). Acquiring an understanding of design: Evidence form children's insight problem solving. *Cognition*, 89, 133 -155.

German, T. P & **Defeyter, M. A.** (2000). Immunity to 'functional fixedness' in young children. *Psychological Bulletin & Review*, 7, 707 – 712.

Industry Reports and Parliamentary Papers:

Parliamentary Papers:

Mann, E., & **Defeyter, M.A.** (June 2016). Mapping of holiday provision programmes in the UK. Research report for the APPG on School Food.

Graham, L & **Defeyter, M.A.** (March 2014). Filling the Holiday Hunger Gap. Position paper on behalf of the All-Party Parliamentary Group (APPG) on School Food.

Defeyter, M.A., & Graham, L. (January 2013). School Feeding Programme. Health and Well Being Board, House of Commons.

Defeyter, M.A. (May 2011). Schools breakfast clubs in socially deprived areas. Invited paper presented at HRH Prince of Wales, Seeing is Believing Visit. Gateshead, Tyne & Wear

Defeyter, M.A. (July 2009). How can we ensure children eat healthily outside of school? Paper sent to the All Parliamentary Group on School Food, *Westminster Health and Education Forum*, Whitehall, London.

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Defeyter, M. A. (November 2008). How breakfast clubs satisfy a number of key government objectives both in terms of communities and children. Paper sent to Baroness Gibson, Chair School Food Forum, *House of Lords, Westminster*.

Defeyter, M.A. (April 2008). An evaluation of school breakfast clubs. Paper presented at the *Annual Westminster Breakfast briefing*, Houses of Parliament, London.

Reports to Local Authorities and Charities:

Defeyter, M.A. (April 2016). Holiday Provision. Paper presented at the North East Child Poverty Commission Conference, Durham, UK.

Defeyter, M.A. (January 2015). Holiday Hunger in Gateshead. Paper presented to Gateshead Council.

Defeyter, M.A. & Graham, P. L. (October 2014). Holiday Hunger: A Research and Evaluation Framework. Paper presented to Gateshead Council.

Graham, P.L., **Defeyter, M.A.**, Russo, R., & Blackledge, J, (April 2014). "It's a good idea this breakfast thing". Findings from the evaluation of a universal free school breakfast scheme in the North West of England, UK. Paper presented at the Food, Children and Youth Conference.

Industry Reports:

Graham, L., & **Defeyter, M.A.** (January 2015). Report on hunger across the school holidays for the APPG on School Food.

Defeyter, M.A. (July 2015). Food Cardiff. An evaluation of Cardiff's Food and Fun programme.

Defeyter, M.A. (July 2015). Brakes. Evaluation of holiday clubs.

Defeyter, M.A (July 2014). Kellogg's. Evaluation of holiday breakfast clubs.

Defeyter, M.A. & Graham, P.L. (May 2013). 'Examining the impact of school breakfast provision on health, well-being and educational engagement in a sample of schools in Blackpool'. Report for the Executive Group at Blackpool Council.

Defeyter, M.A. & Russo, R. (January 2013). 'The effects of breakfast club consumption on children's cognitive performance as a factor of cognitive load'. Kellogg's UK

Defeyter, M.A. (January 2013). 'Young children's failure to conserve affects their judgement of portion size and their physiological states'. Kellogg's USA

Defeyter, M.A. (September 2012). *Young children's self-serving of portion size. Kellogg's, UK*

Defeyter, M.A (April 2011). *Strategic paper on breakfast club provision across the UK. Kellogg's, USA.*

Defeyter, M.A. (August 2010) 'Evaluating the Gregg's breakfast club model'. Report to Gregg's Foundation and CEO.

Defeyter, M.A., Wetherall, M., Russo, R., & Kennedy, D. O. (July 2009). 'The effect of a high fibre and a low fibre breakfast cereal on everyday cognitive performance and mood under stress'. Kellogg's UK

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Defeyter, M.A. & Ingwersen, J. (May 2008). 'An evaluation of school breakfast clubs'. Kellogg's UK.

Kennedy, D. O., Scholey, A., & **Defeyter, M.A.** (February 2007). 'Investigation of the cognitive and mood effects of 12 weeks supplementation with Pharmaton Kiddi chewable multi-vitamin/minerals in children'. Pharmaton.

Collaborative Partnerships:

Breakfast Club Training (September, 2011-present): A collaborative CPD programme between Northumbria University and Kellogg's to provide breakfast club training to school staff.

Cambridge University Partnership: Design in action (collaboration with Department of Design and Department of Engineering at Cambridge University).

University of Waterloo Partnership: Designer's intent project (collaboration with Psychology and Neuroscience).

Invited Book Chapters:

Graham, P.L., Stretesky, P., Long, M., & **Defeyter, M.A.** (2018). Holiday Hunger: Feeding Children during the School Holidays. To appear in "Feeding Children Inside and Outside the Home: Critical Perspectives."

Smith, A., McKenna, J. & **Defeyter, M.A.** (in press). The Effect of Acute Physical Activity on Cognitive Function in Children and Young People. To appear in "Physical Activity and Educational Achievement: Insights from Exercise Neuroscience."

Defeyter, M.A. Cognitive Development in Middle Childhood in 'An Introduction to Developmental Psychology (2016): 3rd Edition, Slater, A.M. & Bremner, G. (Eds.).

Defeyter, M.A. Cognitive Development in Middle Childhood in 'An Introduction to Developmental Psychology' (2011): 2nd Edition, Slater, A.M & Bremner, G (Eds.). British Psychological Society Recommended student textbook.

Invited Conference and Seminar Presentations:

Defeyter, M.A. (May 2017). Effect of Holiday Hunger on Children's Health. Paper to be presented at The Great North Children's Research Community.

Defeyter, M.A. (June 2017). Holiday Hunger and Learning Loss. Keynote paper to be presented at the Food and Wellbeing Conference, Glasgow.

Defeyter, M.A. (April 2017). *Holiday Hunger: A research update. Westminster*

Defeyter, M.A. (March 2017). Breakfast Programmes-Much more than a meal-delivering key health and well-being benefits with a sustainable model. Chair of the workshop at the European Parliament, Hosted by Christel Schaldemose MEP (S & D, DK).

Graham, P.L. and **Defeyter, M.A.** (September 2016). Breakfast and holiday clubs: Uses, benefits and future directions. Feeding Affordances and Extra Helpings. Sheffield University, Sheffield.

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Defeyter, M.A. (November 2016). Holiday Hunger: A critical perspective. Keele University Seminar Series.

Harvey-Golding, I., & **Defeyter, M.A.** (2016). Evaluating the Social and Behavioural Outcomes of a Council-wide Universal Free School Breakfast Scheme. Paper presented at the Association of Public Service Excellence, York, UK.

Defeyter, M.A. (July 2015). Filling the Holiday Gap. Paper presented at the LACA Annual Conference, Birmingham, UK.

Graham, Pamela L., **Defeyter, Margaret Anne**, Russo, Riccardo and Blackledge, John (2014) *"It's a good idea this breakfast thing": Findings from the evaluation of a universal free school breakfast scheme in the north West of England, UK*. In: Food, Children and Youth: What's Eating?, 21-22 February 2014, Lisbon, Portugal.

Defeyter, Margaret Anne and Graham, Pamela L. (2011) *School and community breakfast clubs: how to address the lack of communication between key stakeholders*. In: FUSE Knowledge Exchange in Public Health Conference, 11 -12 April 2011, Durham, UK.

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2011) *Friendship quality and peer victimisation : could breakfast club attendance make a difference?* In: Society for Research in Child Development Biennial Meeting, March 2011, Montreal, Canada.

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2011) *Beyond the breakfast meal: "My favourite part of breakfast club is playing with my friends"*. In: British Psychological Society Developmental Section Annual Conference, 7 - 9 September 2011, Northumbria University, Newcastle upon Tyne, UK.

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2010) *Breakfast club attendance and positive peer relationships: Is there a link?* In: School and Community Breakfast Clubs: Breakfast on a Plate...Delivery to Impact, 9 November 2010, Newcastle-upon-Tyne, UK.

Graham, Pamela L., **Defeyter, Margaret Anne** and Maiden, A. (2010) *Could school breakfast club attendance lead to improvements in children's behaviour?* In: Feeding the Future Generation: Nutrimenthe Open Forum, 6 October 2010, York ,UK.

Defeyter, Margaret Anne, Graham, Pamela L. and Maiden, A. (2010) *Does breakfast club attendance influence behaviour?* In: Northern League Developmental Consortium, 8 January 2010, Northumbria University, Newcastle upon Tyne, UK.

Defeyter, M.A. (June 2015). Evaluation of a UK Holiday Meal Programme. Paper presented at the Inaugural All Party Parliamentary Group on School Feeding Conference. Sheffield, UK.

Defeyter, M.A. (November 2014). Children's Understanding of Ownership Affects How Children Use Familiar Objects in Problem-Solving Tasks. Paper to be presented at "Innovation in Animals and Humans: Understanding the Origins and Development of Novel and Creative Behaviour, St. Andrews University, Fife, UK.

Defeyter, M.A. (October 2014). Holiday Hunger: A Research and Evaluation Framework. Paper presented at the Institute for Local Governance, Durham University Business School.

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Defeyter, M.A. (September 2014). The role of function in creative problem solving. Paper presented at *The Royal Society*, Chicheley Hall, Kavli Royal Society International Centre.

Harvey-Golding, L., & **Defeyter, M.A.** (September 2014). Universal Free School Breakfast' - A qualitative investigation within communities of high deprivation and health inequality. British Psychological Society Conference.

Graham, P.L. & **Defeyter, M.A.** (September 2014). Breakfast with a portion of exercise: Does activitytype influence children's behaviour in breakfast club? British Psychological Society Conference.

Defeyter, M.A. (August 2014). The interrelationship between research and enterprise. Invited to participate in "Professional skills for research leaders", a series of online lectures by *Epigeum*, led by Prof. Sheld Debowksi, DVC University of Notre Dame.

Defeyter, M.A. (April, 2014). European Breakfast Clubs: Workshop at the European Parliament, hosted by Red Cross, EU.

Little, L., Bell, B., **Defeyter, M.A.**, Reed, J., Fitton, D., & Horton, M. (June 2013). Behaviour change interventions: Teenagers, technology and design. *International Design Conference*, New York, USA.

Defeyter, M.A. (2012). Artefact Function: Philosophical Approaches. Paper presented to the Department of Psychology, University of California Santa Barbara, CA, USA.

Defeyter, M.A. (2011). Object ownership and problem solving: A word of caution for researchers. Paper to be presented at *University of Essex Seminar Series*, November 2011.

Defeyter, M.A., Fleck, D., & Malcolm, S. (April 2011). Ownership Judgments for Artifacts and Natural Kinds: The Role of Context. Paper presented at *Society for Research in Child Development*, Montreal, Canada.

Defeyter, M. A., Underwood, J., & German, T.C. (April 2011). Young Children's Reasoning of Artifact Function across Different Contexts: An Action-Protest Paradigm. Paper presented at *Society for Research in Child Development*, Montreal, Canada.

Graham, P.L, **Defeyter, M.A.** and Maiden, A. (October 2010). Could school breakfast club attendance lead to improvements in children's behaviour? Poster presented at *Feeding the Future Generation: Nutrimenthe Open Forum*. York

Friedman, O., Neary, K.R., **Defeyter, M.A.**, & Malcolm, S.L. (August 2010). Ownership and object history. Paper presented at the *Annual Meeting of the European Society for Philosophy and Psychology*, Bochum & Essen, Germany.

Defeyter, M.A. (May 2009). Glycaemic index and cognitive performance. Keynote speaker at *Vitafoods International Conference, Geneva, May 2009*

Defeyter, M.A. (May 2009). Object ownership multiple cues. Paper presented at *AHRC Culture and the Mind project*, University of Sheffield

Defeyter, M.A. (September 2009). Before and after-How can we ensure children eat healthily outside of school? Keynote speaker at the *Westminster Education Forum Keynote Seminar*, Whitehall, London.

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Defeyter, M. A. (January 2009). How breakfast clubs satisfy a number of key government objectives both in terms of communities and children. Paper presented at the *House of Lords, Westminster*; invited by Baroness Gibson.

Defeyter, M.A. (November 2008). Benefits of breakfast clubs: Cognitive and Social Outcomes. Keynote speaker at the *9th National Nutrition and Health conference*, Olympia Conference Centre, London, UK.

Defeyter, M.A. (May 2008). Adult's and children's intuitions about artifact function. Paper presented at the *Hang Seng Centre for Cognitive Studies*, University of Sheffield.

Russo, R., Fox, E., Boldini, A., Cinel, C., **Defeyter, M.A.** (October 2008). Performance measures and cognitive processing in response to acute exposure to RF EMF emitted by mobile phones. Paper presented at the *Third International Workshop: Electromagnetic Fields and the Brain*. Chigaco, USA.

Defeyter, M.A. (April 2008). An evaluation of school breakfast clubs. Keynote speaker at the *Annual Westminster Breakfast briefing*, Houses of Parliament, London

Defeyter, M.A. (November 2007). Children's intuitions about what artifacts are for. Paper presented at the *Institute of Education*, University of London.

German, T. & **Defeyter, M.A.** (March 2008). Artifact presentation. Paper presented at pre-conference workshop "*Conventionality across domains in cognitive development. Pre-conference workshop International Conference on Infant Studies*, Vancouver, Canada.

Impact Case Studies:

Defeyter, M.A. (REF 2014). The Impact of School Breakfast Club Attendance on Children's Nutrition, Cognition and Social Wellbeing. Rated 4*

Research Grants and Funding:

Defeyter, M.A., Kelly, N., Stretesky, P., Long, M., Young, J., & Graham, P.L. (June 2017). Evaluation of Kitchen Social. Mayor's Fund for London.

Graham, P.L., Harvey-Golding, L., Fothergill, M. & **Defeyter, M.A.** (April 2017). Holiday Street Games: What difference does it make to young people?

Cripps, J., **Defeyter, M.A.,** Graham, P.L. & Stretesky, P. (April 2017). A Day Out not a Hand Out. Funded by the Big Lottery.

Defeyter, M.A. Graham, P.L., & Atkins, L. (September 2015). Evaluation of Premiership Rugby's Award winning HITZ programme.

Defeyter, M.A. (2015). Collaborative PhD studentship with Brakes Food Company to examine food poverty.

Defeyter, M.A. (2015). Awarded a University PhD studentship to investigate Holiday Hunger.

Defeyter, M.A. (2015). CPD for Kellogg's to deliver Breakfast Club Training to schools.

Defeyter, M.A. (2015). Pilot study examining holiday hunger in Wales, Public Health Cardiff.

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Defeyter, M.A. (2015). Pilot study examining delivery of a holiday hunger scheme, Brakes.

Defeyter, M.A. et. al (March, 2015). Evaluation of Premiership Rugby's Something To Chew On programme. Public Health England and Premiership Rugby.

Fothergill, M., & **Defeyter, M.A.** (2015). Evaluation of Newcastle United's Match Fit Programme.

Defeyter, M.A. (2015). Evaluation of Redcar and Cleveland's PA into schools programme,

McKenzie, K. & **Defeyter, M.A.** (2015). Developing blended learning CPD modules tailored to the needs of criminal justice staff in relation to identifying and supporting individuals with an intellectual disability. HEIF.

Conlon, L., Hurlbert, A., & **Defeyter, M.A.** (2014-2020). Brain, Mind and Culture. Wellcome Trust, value £650,000 with additional funding of £703,401 to reach total funding of £1,353,401.

Defeyter, M.A. (2014). The long-term impact of school breakfast clubs on educational attainment and community public health. Collaborative PhD studentship with Blackpool Council and Public Health.

Defeyter, M.A. (2014). Examining holiday hunger in the UK. Kellogg's USA

Defeyter, M.A. (2013). Examining the impact of school breakfast provision on health, well-being and educational engagement in a sample of schools in Blackpool. Blackpool Council.

Young, J., **Defeyter, M.A.**, George, T. (2013). Full of Beans: Public Engagement, HEIF.

Defeyter, M.A. (2012). School breakfast clubs (Phase 2). Kellogg's,

Defeyter, M.A. (2012). Breakfast club projects. Strategic Development Fund, HEIF, Northumbria University.

Defeyter, M.A., & Caple, F. (2012). Development of Healthy Living Innovation Unit, HEIF.

Defeyter, M.A. (2011). Development of a national breakfast club-training programme. Kellogg's

Defeyter, M.A. (2010). An investigation of the role of parent and business volunteers in school breakfast clubs. Greggs, UK,

Defeyter, M.A. & Taylor, L. (2010). Understanding property ownership. HEIF, 4.

Defeyter, M.A. & Graham, P. L. (2010-2011) An ESRC funded knowledge exchange grant. School breakfast clubs: Research, policy and practice.

Defeyter, M.A. (2010- present). Children's knowledge of portion sizes, Kellogg's,

Defeyter, M.A., Russo, R., & Reynolds, C. (2009). PhD studentship (Mrs. Pamela Graham) sponsored by Kellogg's UK,

Defeyter, M.A. & Ashley, T. (2009-2010). Helping student's gain confidence to give effective oral presentations. APT award.

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Defeyter, M.A., Russo, R., Wetherall, M., & Kennedy, D. O. (2008 -2009). An investigation into the effect of breakfast consumption on everyday cognitive performance. Kellogg's UK..

Defeyter, M.A. & Russo, R (2007-2008). The impact of breakfast clubs on cognition, attitudes and food choice. Kellogg's UK.

Kennedy, D. O., **Defeyter, M.A.**, & Scholey, A (2006- 2007). An evaluation of changes in cognitive performance in schoolchildren, performing CDR-tests, before and after a 3-month period of supplementation with Pharmaton Kiddi chewable tablets. Pharmaton..

Defeyter, M. A. (2005-2006). Young children's judgments about artifact function: Do young children appeal to the design function or the conventional function? British Academy..

Defeyter, M.A. & Russo, R. (2004 -2006). The effect of development on familiarity and recollection in recognition memory. ESRC.

Defeyter, M.A. (2004-2006). Promising Researcher Fellowship from the Research School at Northumbria University to work on collaborative research with the Psychology Department at the University of Essex.

Defeyter, M.A. (2004-2005). A research grant from Northumbria University to investigate the development of prospective memory.

Defeyter, M.A. (2004-2005). An APT award of from Northumbria University to facilitate student understanding of learning in groups.

Defeyter, M.A. (2004-2005): Northumbria University research grant to investigate the affects of a peer-mentoring program in a socio-economic disadvantaged school in Essex, UK.

Defeyter, M.A. (2004 – 2005) An APT (PCAP) grant from Northumbria University to facilitate student understanding of marking criteria..

Defeyter, M.A (2003-2004). A research grant from Northumbria University (extension to prior funding from Research Development Fund).

Defeyter, M.A (2003 -2004). A grant to investigate functional fixedness from the Research Development Fund, Northumbria University.

University Roles:

Faculty Level:

2016-present Associate Pro Vice-Chancellor Strategic Planning and Engagement, Faculty of Health and Life Sciences

2013-2016 Director of Business and Employer Engagement, Faculty of Health and Life Sciences

2009-present Director of Healthy Living Innovation Unit within the Faculty of Health and Life Sciences, Northumbria University

Departmental Level:

2013-2016 Department of Psychology Management Group

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2013-2016 Department of Psychology Research Group
2004-2012 Chair of the School Ethics for Developmental Psychology
2004-2007 Chair of Undergraduate Ethics within the Psychology Department
2004-2008 Committee member of the Steering Group on Teaching and Assessment within the School of Psychology and Sport Sciences
2006-2008 Committee member of the Student Affairs Committee within the School of Psychology

PhD supervision:

E. Mann “Holiday Hunger: A mixed-methods research evaluation framework”. Due to submit 2018.

J. Woods “An evaluation of the provision of holiday clubs and after school clubs for 2-18 year olds in terms of health, social, economic and educational outcomes”. Due to submit 2018.

Nicola Mcculloch “An evaluation of the physical activity, cognition, health and well-being”. Due to submit 2018.

S. Foster “Attachment theory in clinical and social welfare practice: How do practitioners use attachment theory and research to inform their reasoning, and does this relate to their own attachment representations”? Due to submit July 2020 (part-time).

J. Wilkinson “A realistic evaluation of the relationship between the type and nature of environmental health practice across local authorities in North East England and the impact of interventions on outcome as defined by the public health outcomes framework. Due to submit 2020 (part-time).

L. Harvey-Golding “A longitudinal study of the impact of a free school breakfast programme on social, cultural, health and educational outcomes” (in collaboration with PH Blackpool). Submitted.

P. Graham “The impact of school breakfast club attendance on children's social relationships and behavior”. (Principal supervisor). Awarded July 2015

S. Stewart “Children’s understanding of property ownership”. (Principal supervisor). Awarded 2014.

J. Ingwersen “The effect of diet on children’s cognition”. (Principal supervisor). Awarded 2011.

C. Kenny “Trust and disclosure within computer mediated communication”. Awarded 2010.

Evidence of Student Development and Support:

Pamela Graham awarded a Vice Chancellor’s Research Fellowship (August 2016).

Defeyter, M.A. (2015, 2016). Nominated to TES Awards for the ‘Best Research Supervisor Award’.

Sarah Malcom (PhD student), winner of the best undergraduate student, best final year student and best project mark (2010). Completed PhD and now Head of a psychology department at a secondary school.

Rachel Stabler, winner of the best undergraduate student (2011). Presented a research paper at the British Psychological Society Conference (2011) and currently studying for a Clinical Doctorate at the Institute of Psychiatry, London.

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Kathryn Telfer, winner of an undergraduate student bursary (2009). Presented research papers at the Society of Research in Child Development (2009) and the British Psychological Society Conference (2009). Currently studying a PhD at Durham University.

Joanne Underwood, winner of an undergraduate bursary (2010). Project published in MMU Psychology Journal (Dissertations) UK. Joanne presented a research paper at the British Psychological Society Conference (2008) and is currently studying for a PhD at Newcastle University.

Pamela. L. Graham winner of the undergraduate project prize (2005). Currently studying under my supervision for PhD (externally funded) at Northumbria University

Jeanet Ingwersen, Highly Commended in the National Brain Science Writing Award (2005). Co-authored a number of papers and currently employed as a senior lecturer at Teesside University.

Media:

My work has received national and international media coverage, further demonstrating the value and maximising the impact of my research and enterprise activity. Having appeared on radio and television, my expert opinion has been sought to inform public, social, political, and economic debates. I have appeared on a range of national and regional television programmes including BBC News 24, BBC Breakfast, TV5 (France), BBC North East, North-West Tonight, Tyne Tees regional news programme and also interviewed on regional and national radio e.g. BBC Radio 4, The Mike Parr Breakfast Show, Real Radio, Sun FM.

My work is also covered in a wide range of printed, online and digital media including Scientific American, The Guardian, The Times Educational Supplement, Dietetics Today, Children's and Young People's Daily Bulletin, PIR Education (Issue 36), Eating Well magazine.

Professional Memberships:

2014-	Founding Committee Member of 'The UK-based international community of practice on school feeding. Chaired by Prof. Don Bundy (World Bank)
2013-	Committee Member of the School Food All Parliamentary Project Group, Westminster
2011-2012	Conference Advisor for the BPS Developmental Psychology Section
2009-	Co-founder of the Northumbria Newcastle Developmental Psychology Initiative
2009-	Associate Fellow of the British Psychological Society
2009-2012	Committee Member for the BPS Psychology in Education Section
2008-2011	Senior Advisor for the Westminster Health and Education Forum
2007-	Member of the Northern League Developmental Consortium
2005-	Member of the American Psychological Society (APS),
2005-	Member of the National Steering Group for Breakfast Clubs Plus
2005-	Fellow Higher Education Academy
2003-	Member of International Society on Infant Studies
2003-	Member of the Society for Research in Child Development

Editorial:

2014-present	Guest Editor of Frontiers Public Health
2011-2013	Associate Editor of the British Journal of Psychology

External Examining:

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PhD examiner

Katie Adolphus (February 2015). The effects of breakfast on cognitive and academic performance in children and adolescents. Leeds University, UK.

Karen Faulds (April 2014). Intervention for poor memory ability in hearing impaired children. Institute of Education, London.

Sarah Ellison (April 2013). 'Toothbrushing as a dyadic process in infancy'. Salford University, UK.

Penny Rumbold (July 2011). 'Energy intake and appetite following sport-specific exercise in adolescent girls'. Northumbria University, UK.

Karen Neary (June 2011). 'Children's and adults reasoning in property entitlement disputes'. University of Waterloo, Canada.

Teaching and Learning

2011-2015 External examiner for BPS Psychology Undergraduate Programmes. Teesside University

2012-2014 External examiner for Kingston University, MRes, and Msc Developmental Psychology Programmes

Scientific Review and Conference Organisation:

I regularly review grants for the Social Sciences and Humanities Research Centre of Canada, National Science and Engineering Research Council of Canada, the British Academy and the Economic Social Research Council. I also review for the following leading international journals: Cognition, Child Development, Cognitive Development, Journal of Experimental Child Psychology, Psychological Science, Developmental Science, Appetite, British Journal of Nutrition, Child: Care, Health and Education, Children and Society, Journal of Cognition and Culture, Journal of Educational Psychology, Journal of School Psychology, Psychonomic Bulletin and Review, Philosophy and Psychology, Frontiers in Human Neuroscience, and Nutrition Research Review.

Member of Scientific Review Committees

2015 The International Psychological Applications Conference and Trends
2014 The International Psychological Applications Conference and Trends
2013 The International Psychological Applications Conference and Trends, Madrid
2012 The International Society for the study of Behavioural Development, Alberta, Canada
2012 The International Psychological Applications Conference and Trends, Lisbon
2011 The British Psychological Society Developmental Section Conference
2010 The Northern League Consortium Conference

Academic Conference Organisation

September, 2014 British Psychological Society North East of England Branch Conference
May, 2014 Northumbria University Research Conference Programme Committee
May, 2013 Northumbria University Research Conference Programme Committee

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September, 2012 BPS Developmental Psychology Section Conference Advisor
September, 2011 BPS Developmental Psychology Section Conference
January, 2010 Northern League Developmental Consortium Conference

Public Engagement and Knowledge Transfer:

September 2013 **Defeyter, M.A.**, Bell, B., & Young, J (main programme). 'Breakfast: The most important meal of the day'. British Science Festival, Newcastle upon Tyne.

September 2013 **Defeyter, M.A** (young people's programme). 'Breakfast: Why it is important to eat breakfast'. British Science Festival, Newcastle upon Tyne.

January 2013 Young, J., **Defeyter, M.A.** & George, T. 'Full of Beans' Exhibit at the Centre of Life, Newcastle upon Tyne. (5 months duration).

November 2010 **Defeyter, M.A.** & Graham, P.L. An ESRC funded Knowledge Exchange Conference entitled, 'School Breakfast Clubs: Research, Policy and Practice'. St. James' Park, Newcastle upon Tyne.

Public Engagement & Knowledge Transfer Awards:

Defeyter, M.A. et al. (January 2017). Winner of the North East of England BPS Public Engagement Award for our work on school breakfast clubs and holiday hunger.

Defeyter, M.A. (January 2017). Winner of the Children's Food Award (Research/Evaluation Category), run by Sustain.

Appendix 1:

Selected Conference Presentations Continued:

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2014) *Breakfast with a portion of exercise: Does activity type influence children's behaviour in breakfast club?* In: British Psychological Society North East of England Branch Annual Conference, 12 September 2014, Newcastle-upon-Tyne.

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2011) *Beyond the breakfast meal: "My favourite part of breakfast club is playing with my friends"*. In: British Psychological Society Developmental Psychology Section Annual Conference, 7-9 September 2011, Newcastle-upon-Tyne.

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2011) *Does Breakfast Club Attendance Benefit Children's Social Relationships?* In: Northumbria Research Conference, 5-6 May 2011, Northumbria University, Newcastle-upon-Tyne.

Graham, P.L, **Defeyter, M.A.** and Russo, R. (September 2011). Beyond the breakfast meal: "My favourite part of breakfast club is playing with my friends". Paper presented at the *BPS Developmental Psychology Section Annual Conference*. Northumbria University, Newcastle upon Tyne.

Wang, J., **Defeyter, M.A.**, & Stabler, R. (September 2011). Object-context affects 5-to-6-year-olds' and adults' ownership reasoning about artifacts and natural kinds. Paper presented at the *BPS Developmental Psychology Section Annual Conference*. Northumbria University, Newcastle upon Tyne.

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Defeyter, M.A., Underwood, J., & German, T. (September 2011). Young children's reasoning of artifact function across different contexts: an action protest paradigm. Paper presented at the *BPS Developmental Psychology Section Annual Conference*. Northumbria University, Newcastle upon Tyne.

Graham, P.L, **Defeyter, M.A.** and Russo, R. (May 2011). Does school breakfast club attendance benefit children's social relationships? Poster presented at the *Northumbria Research Conference*. Northumbria University, Newcastle upon Tyne.

Malcolm, S., **Defeyter, M.A.**, & Friedman, O. (April 2011) The Role of Constructive Possession in Ownership Decisions. Poster presented at *SRCD*, Montreal, Canada.

Graham, P. L., **Defeyter, M.A.**, & Russo, R. (April 2011). Friendship Quality and Peer Victimization: Could School Breakfast Club Attendance Make a Difference? Poster presented at *SRCD*, Montreal, Canada.

Defeyter, M.A. and Graham, P.L. (April 2011). School and community breakfast clubs: How to address the lack of communication between key stakeholders. Poster presented at *FUSE Conference*, Ramside Hall Hotel, Durham.

Graham, Pamela L., **Defeyter, Margaret Anne** and Russo, Riccardo (2010) *Does school breakfast club attendance facilitate children's peer relationships?* In: British Psychological Society Developmental Section Conference, 12 - 15 September 2010, Goldsmiths University of London, UK.

Defeyter, Margaret Anne, Graham, Pamela L. and Russo, Riccardo (2010) *School breakfast clubs: Does attendance impact upon children's peer relationships?* In: British Psychological Society of Education Section Annual Conference, 12 - 14 November 2010, Milton Keynes, UK.

Graham, P.L, **Defeyter, M.A.** and Russo, R. (November 2010). Breakfast club attendance and positive peer relationships: Is there a link? Paper presented at *School and Community Breakfast Clubs: Breakfast on a Plate... Delivery to Impact*. St James' Park, Newcastle upon Tyne.

Graham, P.L, **Defeyter, M.A.** and Maiden, A. (October 2010). Could school breakfast club attendance lead to improvements in children's behaviour? Poster presented at *Feeding the Future Generation: Nutriment the Open Forum*. York.

Underwood, J., & **Defeyter, M.A.** (September 2010). Young Children's reasoning of Artifact Function: An Action-Protest Paradigm. Paper presented at the *BPS Developmental Section Conference*, Goldsmiths University, London, UK.

Graham, P. L., **Defeyter, M.A.** & Russo, R. (September 2010). Does School Breakfast Club attendance facilitate Children's Peer Relationships? Paper presented at the *BPS Developmental Section Conference*, Goldsmiths University, London, UK.

Malcolm, S., **Defeyter, M.A.**, & Friedman, O (September 2010). Ownership judgement: The role of object kind and context. Paper presented at the *BPS Developmental Section Conference*, Goldsmiths University, London, UK.

King, S., Hamilton, C. & **Defeyter, M.A.** (September 2010). Identifying the social, cultural and environmental variables associated with children's prospective memory. Paper presented at the *BPS Developmental Section Conference*, Goldsmiths University, London, UK.

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Friedman, O., Neary, K.R., **Defeyter, M.A.**, & Malcolm, S.L. (August 2010). Ownership and object history. Paper presented at the *Annual Meeting of the European Society for Philosophy and Psychology*, Bochum & Essen, Germany.

Defeyter, M.A (June 2010). Visual Cues of Portion Sizes: The Role of Conservation. Paper presented at the *Nutrition Society Conference*, Edinburgh, UK.

Graham, P.L, **Defeyter, M.A.** and Maiden, A. (February 2010). Does breakfast club attendance influence behaviour? Poster presented at the *Northern League Developmental Consortium*. Northumbria University, Newcastle upon Tyne.

Defeyter, M.A. & Jennings, L. (September 2009). Object function versus object shape. Paper presented at the *BPS Developmental Conference*. Nottingham, UK.

Maiden, A. & **Defeyter, M.A.** (September 2009). Observational study of behaviour across breakfast club sessions. Poster presented at the *BPS Developmental Section Conference*, Nottingham, UK

Grice, S. & **Defeyter, M.A.** (September 2009). A preference for conventionality over design? Poster presented at the *BPS Developmental Section Conference*, Nottingham, UK.

White, V. & **Defeyter, M.A.** (September 2009). What do children regard as just stuff? Poster presented at the *BPS Developmental Section Conference*, Nottingham, UK.

Defeyter, M.A., Walton, J., Russo, R., & Ingwersen, J. (September, 2009). The effects of breakfast club attendance on primary school children's social behaviours. Poster presented at the *BPS Developmental Section Conference*, Nottingham, UK.

Defeyter, M.A. (September 2009). Dissociation between object function and categorization. Poster presented at the *BPS Developmental Section Conference*, Nottingham, UK

Defeyter, M.A. (September 2009). Children's understanding of ownership: Social construction or core knowledge? Paper presented at the *BPS Developmental Section Conference*, Nottingham, UK.

Malcolm, S., & **Defeyter, M.A.** (September 2009). Object ownership: Principles guiding object ownership. Paper presented at the *BPS Developmental Section Conference*, Nottingham, UK.

Telfer, K., & **Defeyter, M.A.** (September 2009). A new paradigm for investigating Theory of Mind. Paper presented at the *BPS Developmental Section Conference*, Nottingham, UK

Defeyter, M. A., Russo, R., & McParlin, P.L. (2009). The Picture Superiority Effect in Recognition Memory: A Developmental Study. Poster presented at the *Association of Psychological Science*, 21st Annual Convention, May 22- 25, San Francisco, CA.

Defeyter, M.A. (2009, April). Do students prefer oral presentations to oral surgery? Paper presented at *The Developmental Science Teaching Institute*. Denver, Co. USA.

Telfer, K., & **Defeyter, M.A.** (2009, April). The Development of Theory of Mind: Evidence from an Explanation Production Paradigm. Poster presented at *Society for Research in Child Development*. Denver, Co., USA.

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King, S., Wakelin, D., Seed, J., Navin, A., Oley, V., Heffernan, T., McInnes, L., Mitchell, M., Hamilton, C., **Defeyter, M.A.** (2008). Action research on “Assessment for Learning” in undergraduate psychology programmes. Poster presented at the 3rd *International Conference on the Teaching of Psychology*, Leningrad State University, St. Petersburg.

Ingwersen, J., **Defeyter, M.A.**, Kennedy, D., & Scholey, A. (2007). The effects of a mid-morning snack on children’s cognitive performance. Poster presented at the *British Feeding and Drinking Group Conference*. Newcastle upon Tyne. Abstract available in *Appetite* (2008), 50:560.

Defeyter, M.A. (March 2007). A Developmental dissociation between category and function judgments about novel artifacts. Poster presented at the *Society for Research in Child Development*, Boston, MI, USA.

Defeyter, M.A. (March 2007). Helping students understand essay marking criteria and feedback. Poster presented at the *Society for Research in Child Development*, Teaching Institute, Boston, MI, USA.

Defeyter, M.A. (July 2006). Priming an atypical object use can induce functional fixedness. Paper presented at the *North East Research Conference*, Newcastle upon Tyne.

Ingwersen, J., **Defeyter, M.A.**, Scholey, A. B. & Kennedy, D. O. (April 2006). The influence of breakfast composition on children’ attention and memory. Paper presented at the *British Food Group*, Birmingham University.

Ingwersen, J., **Defeyter, M.A.**, Kennedy, D., & Scholey, A. (2006). Does a mid-morning snack have an effect on children’s attention and memory? Poster presented at the *British Psychological Society Cognitive Section Conference*.

Ingwersen, J., **Defeyter, M.A.**, Kennedy, D., Wesnes, K.A., & Scholey, A. (2006). Food for Thought. Poster presented at the *UK Graduate Yorkshire and North East Hub Annual Poster Competition*, Northumbria University, Newcastle upon Tyne, UK.

McGann, D., **Defeyter, M.A.**, Ellis, J.A., & Reid, C. (July 2006). Prospective memory in children: The effects of age and target salience. Paper presented at *International conference on prospective memory*, Zurich.

Defeyter, M.A. (September 2006). Functional fixedness: A novel interpretation. Poster presented at the *British Psychological Society Cognitive Section conference*, Lancaster University, UK.

Wakelin, D., **Defeyter, M.A.**, McInnes, L., Wolfson, S., King, S., McPartlin, P. (2006). CETL AFL. Poster presented at the *Psychology Learning and Teaching conference*, York St. John University, York, UK.

Defeyter, M. A. (2005, September). Adult’s and children’s intuitions about artifact function. Paper presented at the *British Psychological Society Developmental Section Conference*, Edinburgh University, UK.

Defeyter, M. A., Masterson, J., Knight, D., & Hearing, J. (2005, September). Peer mentoring: Does it work? Paper presented at the *British Psychological Society Psychology of Education Section conference*, Durham University, UK.

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Ingwersen, J., **Defeyter, M.A.**, Scholey, A. B., Kennedy, D. O. & Wesnes, K. (September 2005). The effect of glycaemic index of breakfast cereal on children's cognitive performance. Paper presented at the *British Psychological Society Developmental Section conference, Edinburgh University, UK.*

Ingwersen, J., Hatton, S., & **Defeyter, M.A.** (2004). Functional Fixedness: A novel interpretation. Poster presented at the *British Psychological Society's Student Poster Conference, York, UK.*

Defeyter, M. A. & Avons, S. E. (2003, April). The development of the Design Stance: A study using Functional Fluency. Poster presented at the biennial meeting of the *Society for Research in Child Development, Tampa, FL, USA.*

Defeyter, M.A. & German, T.P. (2002, June). Acquiring an understanding of design: Evidence from 'functional fixedness' problems with novel objects. Poster presented at the annual meeting of the *Jean Piaget Society, Philadelphia, USA.*

Defeyter, M. A. & German, T.P. (2001, April). Functional Fluency: Measuring young children's intuitions about object function. Poster presented at the biennial meeting of the *Society for Research in Child Development, Minneapolis, MN, USA.*

Defeyter, M. A. & German, T. P. (2000, September). Characterising young children's immunity to functional fixedness. Flexible or impoverished notion of object function? Poster presented at the *British Psychological Society Cognitive Section conference, University of Essex, UK*

Defeyter, M. A. & German, T. P. (1999, September). Young children's immunity to functional fixedness. Paper presented at *International Conference on Infant Studies, Brighton, UK.*