

## Curriculum Vitae: Dr Zeibeda Sattar (Zeb)

[zeibeda.sattar@sunderland.ac.uk](mailto:zeibeda.sattar@sunderland.ac.uk)

07882 692 698

### Profile

I am dedicated to building a career in research and teaching in Public Health. My sound knowledge of core topics include epidemiology, health improvement, ethics and law. My research is strongly underpinned by my knowledge of theoretical models of behaviour change with a focus on evaluations on complex interventions. My most recent projects include:

- Holiday Hunger
- Food Poverty
- Alcohol harm
- Integrated delivery of healthcare and management systems

I am a member of the 'Fuse' programme (The Centre for Translational Research in Public Health). Previously, I managed a care home for 3 years for older people and people with learning disabilities. My competencies include:

Teaching|Planning| Assessments|Qualitative & Quantitative Research|Project Management|Literature Reviewing|Team-working| Organisation & Planning|Write Research Papers|Communications|

### Education/Qualifications

**BSc (Hons) Applied Consumer Science** Core modules: **Science and Social Sciences** Coach Lane Campus Northumbria University 1987-1990

**MSc Quality Assurance (BS EN ISO 9001)** Newcastle University 1990-1991

**PhD** with publication. Title: Ageing and Mobilities Viva: June 2012 Supervisor: Professor Kevin Hannam Edinburgh University 2004-2012 (part-time study whilst working)

**PGCE** Northumbria University 2013 – 2015 (2 year part-time course)

### Publications

#### Articles

- Sattar Z., Ling J. and Wilkie S. (2017) Extra Care Housing Refurbishment and well-being of older people, *Housing, Care and Support*. Writing draft.
- Mooney JD, Sattar Z, De Vocht F, Smolar M, Nicholls J, Ling J. Assessing the feasibility of using health information in alcohol licensing decisions: a case study of seven English local authorities. *The Lancet* 388: S79 · November 2016. DOI: 10.1016/S0140-6736(16)32315-7.
- Harvey J., Hornsby R. and Sattar Z. (2015) Disjointed Service: An English Case Study of Multi-Agency Provision in Tackling Child *British Journal of Criminology* Published DOI: 10.1093/bjc/azu115 In press (3\*) Newcastle Business School (NBS) Northumbria University.
- **Sattar Z.**, Ali N., and Hannam K., (2013) Religious Obligations to Travel: First Generation Pakistani Migrants from Newcastle upon Tyne, *Journal of Tourism and Cultural Change* DOI: 10.1080/14766825.2013.795963. (2\*) Travel and Tourism Sunderland University.

## Conference Papers & Presentations

- Sattar Z. Mooney J. Hall N. and Ling J. (2017) Feasibility of providing alcohol brief advice across different community settings *An evaluation of a pilot IBA intervention*, KBS Conference, Sheffield University
- Mooney J. Sattar Z. and Ling J. (2016) The Feasibility of Alcohol as a Fifth Licensing Policy, Public Health Conference, Poster Presentation, University of Warwick.
- Sattar Z. and Ling J (2015) The impact of a refurbishment programme to sheltered housing to residents, Presentation, Fuse Programme, Teesside University, October.
- Pugalis L., Townsend L. and Sattar Z. (2014) Economic Plans ‘Lacking Planning Focus’, Royal Town Planning Institute (RTPI) Northumbria University.
- Sattar Z. (2014) Life Cycle Migration: Urban Inequalities, Sunderland University, April.
- Sattar Z. and Ali N. (2013) Ageing and Diasporas: The (Im) mobilities of First-generation Pakistani Migrants in the UK, Mobilities Conference University of Lancaster, 3-5<sup>th</sup> September 2013.
- Sattar Z. (2013) Gender and Mobility, University of the West of England, Bristol June.
- Sattar Z. (2012) Presentation on ‘Mobilities of First Generation Pakistanis at a Global level’ at Citizen and Migration Workshop, School of Social and Political Science, University of Edinburgh, October.

## Cross School Collaboration and Research

- Member of Social Care Team at Sunderland University for Ageing and Wellbeing
- Member of MA Social Practice ‘Readiness for Practice’ Advisory Panel on Values and Ethics and Diversity Sunderland University and Northumbria University

## Book Chapters

- Sattar Z. (2015) Leisure mobilities of Pakistani migrants in Saudi Arabia; Work and the politics of driving in Jillian M. Rickly-Boyd Kevin Hannam Mary Mostafanezhad (eds) *New Horizons in Tourism and Leisure Mobilities*, Routledge: Published

## Academic Teaching Experiences

### Undergraduate

- Clinical Skills (NUR) BSs (Hons) Nursing
- Epidemiology (HSS248) BSc (Hons) Public Health
- Contemporary Issues in Health (HSS250) BSc Public Health
- Tourism Management BSc (Hons) (Sunderland University)
- Events Management BA (Hons) (Sunderland University)
- Health and Social Care BSc (Hons) (Sunderland University)
- Nursing Studies/Registered Nurse Programme (AA0608) Values and Principles for Nursing People in Later Life (Northumbria University)
- Foundations of Social Theory (SO0604) (Northumbria University)
- Entrepreneurial Business Management: Second Marker on Final Year Dissertation (Northumbria University)

### Postgraduate

- Public Health MSc- 2014 -2017 (Sunderland University)
- Project Management MSc – 2013 also tutor to two students on dissertation (Sunderland University)
- Tourism and Travel MSc – 2013 (Sunderland University)
- Sociology – 2014 (Northumbria University)

## Academic Research Experience

2017 (July) - to date            **Senior Research Assistant – Northumbria University**  
2013-2017                            **Academic Lecturer/Research Associate – University of Sunderland**

## Other Work Experience

2005-to date                        Director (Food Takeaway Businesses)  
2002-2005                            Owner and Registered Manager of Care Home for Older People and People with Learning Disabilities  
1999-2001                            Quality Assurance Consultant - contract with Newcastle University  
1994-2000                            Quality Assurance Manager - Electronic Display Manufacturer (International)  
1992-1994                            Research Officer - Tyne and Wear Racial Equality Council  
1990-1992                            Quality Assurance Officer - Tindale and Stanton  
1989-1990                            Laboratory Technician - Proctor and Gamble  
1988-1989                            Home Economist - Electrolux

## Current Memberships

- Fellow membership from HEA
- Non-Executive member Grants Panel New Deals for Communities
- Asian Entrepreneur Network
- Sure Start Centre, (*Parent Partner for over 10 years*) Newcastle West
- New Deals for Communities (*Volunteer and Grant Panel Member*), Newcastle West
- FUSE (*The Centre for Translational Research in Public Health*) North East
- Board Member of several voluntary organisations including West End Befrienders, Newcastle, Health and Race Equality Forum (HAREF)

## Funding

Within my role as a Research Associate, I have contributed to academic research proposals (Public Health England - up to £30,000.00).