



CURRICULUM VITA

NAME Dr. Sandy Wolfson, AFBPsS
HCPC-registered Sport and Exercise Psychologist
PYL22890

DATE OF BIRTH 1 February, 1950

ADDRESS Department of Psychology,
University of Northumbria
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QUALIFICATIONS BA Psychology, Ohio State University, 1972
Recipient, Women's Guild Scholarship
Member, Psi Chi National Honor Society

PhD Psychology, Durham University, 1978
Thesis: Individual and Situational Determinants of
Altruism and Helping Behaviour

CAREER DETAILS

Present Post

Northumbria University, 1978 - present
Lecturer II/Senior Lecturer/Principal Lecturer, then Head of Division of Psychology, then Postgraduate Programme Director

Previous Posts

Part-time tutor and demonstrator,
Department of Psychology, Durham University (1972-1977)

Part-time course tutor and summer school tutor,
Open University (1977-1982)

Part-time lecturer in psychology, University of Wisconsin, Madison (1983-1984)

Psychometrician, Mental Health Associates, Madison, Wisconsin (1983-84)

MAIN TEACHING RESPONSIBILITIES

BSc (Hons) Psychology

Year 3/Level 6: Sport and Exercise Psychology option
Honours Project supervision

MSc Sport and Exercise Psychology

PG/Level 7: Counselling and Interpersonal Processes in Sport
Thesis supervision

Higher degrees supervision

Eleven successful completions of Ph.D
One successful completion of M.Phil

EXTERNAL POSITIONS

Undergraduate degree / A-level examiner:

1987-1999	Associated Examining Board Team Leader for Psychology A-level examinations
1990-1994	BSc Sport Studies Pathway, Bedford College of Higher Education
1994-1998	BSc Psychology Plymouth University
2015-present	MSc Sport and Exercise Psychology, Sheffield Hallam

Postgraduate degree examiner:

Internal: 2Mphil, 11 PhD

External: 14 PhD, 1 Phil: University of Exeter, Chichester Institute of Higher Education, Southampton University, Hull University (2), Portsmouth University, Loughborough University (2), Liverpool John Moores University, Coventry University, Teesside University, Sheffield Hallam University, Lancaster University, Middlesex University

Guest speaker:

Many institutions such as Liverpool University, Hull University, Glasgow Caledonian University, Nottingham-Trent University, University of Cincinnati, University of Nevada at Las Vegas.

Many sports groups such as Football Association, British Amateur Athletic Board, National Skating Association, Royal Yachting Association, Somerset Association of Cricket Umpires and Scores, Women's Sports Foundation

Invited keynote speaker, ANS (Assises Nationales du Sport) conference in Lyon, France, 2000.

Invited keynote speaker, 3rd International Congress of Science Applied to Football. Universidad de Costa Rica, 2002.

Football Association Diploma/Level 5 Certificate 2005-13.

Reviewer:

Book publishers, e.g., John Wiley, Macmillan, E.F. Spon, Human Kinetics

Journals, e.g., British Journal of Social Psychology; British Journal of Sports Sciences; British Journal of Sport Behavior, British Journal of Physical Education; British Journal of Psychology; International Journal of Sport Psychology; Journal of Sport and Exercise Psychology

SOCIETY MEMBERSHIP

British Psychological Society: Associate Fellow/Chartered Psychologist

1991-present
Exercise

Founding Chair of the Division of Sport and Psychology 2004-6;
Training Committee/Admissions Committee 2006-2010;
Treasurer 2011-2014;
Committee Member, co-opted 2015-present

Member and former Committee Member, Social Psychology Section; Editor, BPS Social Psychology Newsletter

British Association of Sport and Exercise Sciences: Honorary Fellow

1989-present

Member, Accredited Sport Psychologist (research and scientific support) until 2014, and member of Accreditation Committee 1999-2004, co-writer of new Supervised Experience requirements 2003-2005

1987-1991

Honorary Treasurer

Association of Heads of Psychology Departments

2003-2009 Treasurer, and member of BPS/AHPD
Working Party on External Examiners
guidelines

Health and Care Professions Council

2009- present Registered Sport and Exercise Psychologist
Partner for registration and visits

MEDIA SPEAKER/INTERVIEWEE/WRITER

BBC Radio 4 & 5, Guardian, Telegraph, Independent, Times Higher Education Supplement, Sun, Newcastle Chronicle, Snooker Scene Magazine, BBC2-TV Sunday Show, BBC-TV Here and Now, Sky News, many other radio shows and newspapers.

CONSULTANCIES

BPS Stage 2 Sport and Exercise Psychology supervisor, three successfully completed, three ongoing 2014-present

The Football Association, 2003-2024

Many football clubs, including Premier and Championship leagues, 1989-present

Consultant to variety of elite sports participants (eg athletics, equestrian, tennis, snooker) 1982-present

Sport psychologist for Elite Athletes Programme, University of Northumbria, 2000-2002, and supervisor of interns 2014-present

Wrigley Company Ltd: development of teamwork questionnaire in dental practices for the Dental Association Conference, 2002

Amazon.co.uk: study and report on children's responses to video films

Kodak Imaginationworks: Effects of sound and colour on game playing enjoyment, 1998-99

Abbott Mead Vickers: National Lottery report, 1998

Coca Cola: Project on psychological outcomes for football fans, 1996

Northumbria Police CID: Communication skills course held weekly 1987-1988.

English Ladies Golf Association: one-year project involving the interdisciplinary testing and monitoring of five county golfers, 1983.

English Table Tennis Association: three-year research project into the effects of stress during competition in club, county and national players, 1978-1980.

WORKSHOP and SYMPOSIUM CONTRIBUTIONS

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| 2010 | Convenor of BPS Symposium for Division of Sport & Exercise Psychology Annual Conference, London: Social identity in football fans. |
| 2008 | Convener of BPS Symposium for Division of Sport & Exercise Psychology Annual Conference, London: Football and Psychology |
| 2006 | Organised joint BPS/FA/BASES Psychology and Football Workshop

Organised and presented at symposium on Psychobiological Factors in Sports Performance at BPS Annual conference |
| 2005 | Healthy psychological outcomes for football fans: the functions of positive illusions

Sandy Wolfson, Delia Wakelin and Matthew Lewis, Division of Psychology, Northumbria University, Newcastle-upon-Tyne |
| 2003 | Presented at BASES Workshop on the Supervised Experience process |

- 2003 Organised BPS Annual Conference
Symposium on Psychology and Sport
Officials, Bournemouth
- 2002 Presented at BASES Workshop on Research Ethics
in Sport and Exercise Sciences, Northumbria
University
- 1999 Organised (with John Kremer) BPS Annual
Conference Symposium on Social Cognition in
Sport and Exercise, Belfast
- 1999 Presented at BASES Workshop on Interpersonal
and Counselling Skills, Staffordshire University
- 1998 Presented at BPS Sport and Exercise Psychology
Workshop on First Encounters in Consultancies,
London
- 1995 Presented at the British Psychological Society Sport
and Exercise Psychology Satellite Workshop on
Qualitative and Quantitative Research in Sport and
Exercise Psychology, London.
- 1994 Co-organised (with Jan Graydon) Sports Council
Workshop on Women and Sport Psychology,
Sports Council, London.
- 1994 Attended the British Psychological Society Sport
and Exercise Psychology Satellite Workshop on
Exercise Addiction, London.

PUBLICATIONS AND PAPERS

Anderson, M.A., Wolfson, S., Neave, N. & Moss, M. (2012). Perspectives on the home advantage: A comparison of football players, fans and referees. *Psychology of Sport and Exercise*. 13, 3, pp 311-316

Anderson, M., Wolfson, S. & Neave, N. (2011). Points of view: professional players' and managers' perceptions of venue in football. Poster presented at European College of Sport Sciences (ECSS), Liverpool.

Anderson, M., Wolfson, S. & Neave, N. (2010). A comparison of officials' perceptions of their role in the home advantage with the views of players and fans. Paper presented at the British Psychological Society Division of Sport & Exercise Psychology Annual Conference, London.

Briggs, P. and Wolfson, S. (1997). Trapped in the lottery: anticipatory regret and its role as a motivator for gambling. Paper presented at the British Psychological Society London Conference.

Baker, H. and Wolfson, S. (1996) The effect of the illusion of control and mood on risk taking in a lottery situation. Paper presented at the British Psychological Society Social Psychology Section Conference, Glasgow.

Daley, C. and Wolfson, S. (2010) Leadership at distance: English football fans' trust in Sven-Goran Eriksson and David Beckham during the 2006 World Cup. *Sport & Exercise Psychology Review*, 6, 3-18.

Doneathy, H. and Wolfson, S. (1998) Win, lose or draw? Effects of team results on football supporters' optimism for the future events. Paper presented at the British Psychological Society Annual Conference, Brighton.

Fishwick, L., West, A. and Wolfson, S. (1996) *Investigation and Analysis for Sport*, 2nd edition. National Coaching Foundation.

Fothergill, M., Wolfson, S. and Little, L.(2014) A qualitative analysis of perceptions of venue: do professional soccer players and managers concur with the perceptual home advantage framework? *International Journal of Sport and Exercise Psychology*, 1-17.

Fothergill, M., Wolfson, S., and Neave, N. (2017) Testosterone and cortisol responses in male soccer players: the effect of home and away venues. *Physiology and Behavior*, 215 -220.

Goldie, S. and Wolfson, S. (2012) Football fans: exploring the biggest sport participation group. Paper presented at the British Psychological Society Annual Conference, London.

Goldie, S. and Wolfson, S. (2014) Soccer fans' self and group perceptions of superiority over rival fans. *Journal of Sport Behavior*, 37, 24-36.

Goltsi, P. & Wolfson, S. (2009). Social Identity of Greek Football Fans during Euro 2008. paper presented in the 3rd Annual International Conference on Psychology, June 8-11, Athens, Greece.

Goltsi, P. & Wolfson, S. (2010). The Psychological Well-being of fans: The case of football fans in Greece. Paper presented in the 4th Annual International Conference on Psychology, May 30-31, Athens, Greece.

Goltsi, P. & Wolfson, S. (2011). The Social Identity of Football Fans in Greece: A Qualitative Analysis. Paper presented in the 5th Annual International Conference on Psychology, May 30-31 and June 1-2, Athens, Greece.

Grieves, M. and Wolfson, S. (1988). Effects of physical activity and competition on aggression. Paper presented at the British Association of Sports Sciences Annual Conference, Exeter.

Hagiwara, H. and Wolfson, S. (2013) Attitudes towards soccer coaches' use of punishment in Japan and England: A cross-cultural study. *International Journal of Sport and Exercise Psychology*, **11**, 57-69. ISSN 1612-197

Houlston, D. and Wolfson, S. (1994) Using misattributions in sport. Paper presented at the Commonwealth Games Scientific Congress, University of Victoria, British Columbia.

Howat, D., Fishwick, L. and Wolfson, S. (1994) Sex, sport and stereotypes: children's attitudes towards the sexes in sport. Paper presented at the British Psychological Society London Conference.

Howat, D.J., Fishwick, L., and Wolfson, S. (1993) Motivating females into sport: children's perceptions of sex-role stereotypes. Paper presented at the British Psychological Society Annual Conference, London.

Lewis, M. & Wolfson, S. (2006) Health and the world cup: A guide for nurse and health professionals. *The Nursing Standard*, **20** (42), 32-33.

Makhoul, M., Yates, F. and Wolfson, S. (1998) A survey of substance use at a UK university: prevalence and views of students. *Journal of Substance Misuse*, **3**, 119-124.

Neave, N. and Wolfson, S. (2003). Effects of venue on testosterone, territoriality and performance in soccer. 5th World Congress of Science & Football Book of Abstracts, Portugal.

Neave, N. and Wolfson, S. (2003). Football referees' self perceptions and coping mechanisms. Paper presented at annual British Psychological Society Conference, Bournemouth.

Neave, N. and Wolfson, S. (2003). Testosterone, territoriality, and the 'home advantage'. *Physiology & Behavior*, **78**, 269-275.

Pitt, T., Wolfson, S. & Moss, M. (2014) The relationship between fear of failure and self-talk in winning and losing situations, *Sport and Exercise Psychology Review*, **10**, 91-95.

Turnbull, M. and Wolfson, S. (1996) Effects of exercise and outcome on positive and negative mood states. Paper presented at the British Psychological Society Conference, London, December.

Turnbull, M. and Wolfson, S. (2002). Effects of exercise and outcome on mood: evidence for misattribution. *Journal of Sport Behavior*, **25**, 407-394-406.

Wakelin, D.R. and Wolfson, S. (1992) The use of the repertory grid in sport psychology: personal constructs and self perceptions of groups differing in sports participation. Paper presented at BPS Annual Conference, Scarborough.

Wolfson, S. (2002). The professional game. *The Psychologist*, **15**, 411.

Wolfson, S. (2001) Unrealistic optimism and false consensus: cognitive illusions for the sports participant? Paper presented at the 10th World Congress of Sport Psychology, Skiathos, Greece, May-June.

Wolfson, S. (2000) Cognitive illusions: powerful obstacles to the success of anti-drug campaigns in sport. Invited paper, Assises Nationales du Sport Conference, Lyon, 2000.

Wolfson, S. (2000). Students' estimates of the prevalence and consequences of drug use: evidence for a false consensus effect. *Psychology of Addictive Behaviors*, **14**, 295-298.

Wolfson, S. (1999). Predictions of small and large lottery wins over different time spans: unrealistic optimism or misconstrued comparisons with others? Poster presented at BPS Annual Conference, Belfast.

Wolfson, S. (1999) Role playing: the first encounter. In *Sport Psychology in Practice: The Early Stages*, H. Steinberg and I. Cockerill (eds), British Psychological Society.

Wolfson, S. (1998) Star Trek fans and psychological well being. Paper presented at 24th International Congress of Applied Psychology, San Francisco.

Wolfson, S. (1997) Actor-observer bias and perceived sensitivity to internal and external factors in competitive swimmers. *Journal of Sport Behaviour*, **20**, no. 4, 477-484.

Wolfson, S. (1996) Goal setting in sport to promote development. In *Alternative Learning 1995: The guide*, S. Brown (ed), University of Northumbria.

Wolfson, S. (1996) The self-fulfilling prophecy in quantitative and qualitative research. In *Quality and Quantity: Research Methods in Sport and Exercise Psychology*, C. Robson, B. Cripps and H. Steinberg (eds), British Psychological Society.

Wolfson, S. (1994) Review of "Counseling College Student-Athletes: Issues and Interventions," E.F. Etzel, A. P. Ferrante and J.W. Pinkney (eds), *Journal of Sports Sciences*, vol 12, 488-489.

Wolfson, S. (1994) Methodological Issues in Research. Paper presented at Sports Council Workshop on Women and Sport Psychology, Sports Council, London.

Wolfson, S. (1993) Attributions for performance in competitive swimmers: actor-observer effects poolside. Paper presented at the BPS Social Psychology Annual Conference, Oxford.

Wolfson, S. (1993) Experimental design and statistics, in *Research Methods in Sports Research*, chapters 4 and 8, D. Houlston (ed.), National Coaching Foundation.

Wolfson, S. (1992) A computer-assisted repertory grid analysis of self-esteem in sports participants. In *Computer Applications in Sport and Physical Education*. Wingate: Israel, pp. 254-259.

Wolfson, S. (1991) Group and Social Dynamics in Sport, in *Social Psychology of Sport*, ch. 6, D. Houlston (ed.), National Coaching Foundation.

Wolfson, S. (1991) Exercise-induced arousal and the intensification of emotion. Paper presented at BPS Social Psychology Section Annual Conference, University of Surrey.

Wolfson, S. (1985). Why do adolescents drop out of athletics? Paper presented at British Amateur Athletic Board Coaches Conference, Middlesbrough.

Wolfson, S. (1981). Effects of Machiavellianism and communication on helping behaviour during an emergency. *British Journal of Social Psychology*, vol. 20, 189-195.

Wolfson, S. (1981). Sex, dependency and volunteering. *British Journal of Social Psychology*, vol. 20, 293-294.

Wolfson, S. (1980). The use of the State-Trait Anxiety Inventory in a study of table tennis players. *Bulletin of the Society of Sport Sciences*, vol. 1.

Wolfson, S. (1979). An attempt to predict success in high pressure table tennis activities. In *The Art and Science of Sport Coaching* (G. Weingarten, ed.), Wingate Institute, 140-149.

Wolfson, S. (1979). Self-perceptions of science fiction readers and writers. Paper presented at British Psychological Society Conference on Psychology and Science Fiction, Newcastle.

Wolfson, S., Ball, T. and James, I. (1985). Attitudes toward male and female sports participants. In *Psychology, Women and Sport: theoretical perspectives and practical applications*, 34-44.

Wolfson, S. and Berkowitz, L. (1987). How impulsive are aggressive responses to physical discomfort? Paper presented at British Psychological Society Annual Social Psychology Conference, Brighton.

Wolfson, S. and Beverley, K. (1985). Self-serving attributional biases in rugby union competitors. In *Sport and Science Proceedings*, West Sussex Institute.

Wolfson, S. and Briggs, P. (2002) Locked into gambling: anticipatory regret as a motivator for playing the National Lottery. *Journal of Gambling Studies*, 18, 1-17.

Wolfson, S. and Case, G. (2000). The effects of sound and colour on responses to a computer game. *Interacting with Computers*, 13, 499-506.

Wolfson, S. and Inglis, I. (1995) Star Trek Fan Behaviour: "It's Addiction, Jim, But Not as We Know It." Paper presented at BPS Annual Conference, London.

Wolfson, S. and Lavalley, D. (2001) Only a game? *The Psychologist*, June, 286.

Wolfson, S. and Lavalley, D. (2006) World Cup: winning advice. *The Psychologist*, 19, 336-337.

Wolfson, S., Neave, N. and Drewery, L. (2002) Testosterone and the home advantage in football. Paper presented at annual British Psychological Society Conference, Blackpool.

Wolfson, S. and Neave, N. (2002). Soccer Referees' Perceptions and Coping Mechanisms. Invited keynote speaker at the 3rd International Congress of Science Applied to Football. Universidad de Costa Rica.

Wolfson, S. and Neave, N. (2002). Territoriality, Testosterone and the Home Advantage in Soccer. Paper presented at the 3rd International Congress of Science Applied to Football. Universidad de Costa Rica.

Wolfson, S. and Neave, N. (2004) Preparing for home and away matches. *Insight*, The Football Association.

Wolfson, S. and Neave, N. (2007). Coping under pressure: cognitive strategies for maintaining confidence among soccer referees. *Journal of Sport Behavior*, 30, 232-247.

Wolfson, S. and Wakelin, D. (2001). Football fans' perceptions of an England win and loss at Euro 2000: an internet study. Paper presented at annual British Psychological Society Conference, Glasgow.

Wolfson, S., Wakelin, D. and Lewis, M. (2005) Football Supporters' Perceptions of their Role in the the home advantage. *Journal of Sports Sciences*, 23, 365-374.

Wood, S. R. , & Wolfson, S. (2010). *The Fan: Club versus Country team identification during the Football World Cup 2010*. The British Psychological Society Division of Sport and Exercise Psychology Conference, London.

Wood, S. R., & Wolfson, S. (2008). *Toward a multidimensional measure of team identification for British football fans*. The British Psychological Society Division of Sport and Exercise Psychology Inaugural Conference, London.

Wood, S. R., & Wolfson, S. (2008). *Illusory superiority in football supporters: in what contexts are fellow fans considered better than rival fans?* The British Psychological Society Social Psychology Section Annual Conference, Dublin, Ireland.

Books / Chapters

Wolfson, S. (2002) Sports participants' reflections on past events: the role of social cognition. In *Solutions in Sport Psychology*, I. Cockerill (ed.), Thomas Learning, 91-107.

Cripps, B., Drew, S. and Wolfson, S. (eds) (2001). Activity for life: theoretical and practical issues for exercise psychologists. British Psychological Society.

Neave, N. and Wolfson, S. (2004) The home advantage: psychological and physiological effects in soccer. In Lavalley, D., Thatcher, J., & Jones M. V. (Eds.) *Emotion and Coping in Sport*. Nova Publishers.

Wolfson, S. (1999) Role playing: the first encounter. In *Sport Psychology in Practice: The Early Stages*, H. Steinberg and I. Cockerill (eds), British Psychological Society.