

Pamela Louise Graham BSc (Hons) CPsychol PhD

Address:

Department of Social Work, Education and Community Wellbeing, Northumbria University

Email Address:

p.l.graham@northumbria.ac.uk

Education:

Oct 2014 PhD Psychology Northumbria University

Title: Breakfast clubs, children's behaviour and social relationships

July 2005 BSc (Hons) Psychology Northumbria University

Upper second class degree (69%)

Undergraduate project prize winner for achieving the highest dissertation mark for 2005

Research Experience:

October 2016-Present Vice Chancellor's Research Fellow Northumbria University

Developing research around school and community interventions aimed at supporting the health and wellbeing of children, adolescents and parents.

February 2013-October 2016 Senior Research Assistant Northumbria University

Planned, conducted and analysed data from qualitative and quantitative investigations in school and community settings focussing on the health, wellbeing and education of children and families. Worked on research papers, conference presentations and funding submissions.

May 2006-August 2006 Research Assistant Northumbria University

Research funded by the Centre for Excellence in Teaching and Learning. Contributed towards the writing of a research paper on students' understanding of essay marking criteria that was later published in Psychology Teaching Review.

September 2005-May 2006 Research Assistant Northumbria University

Research funded by the Economic and Social Research Council.

Title: The effect of development on familiarity and recollection in recognition memory

Conducted detailed testing with participants aged from 7 years up to adults to investigate the development of recognition memory. Administered numerous tasks including response-signal, recall and executive functioning tests. Collated data in Excel and SPSS.

Publications:

Stretesky, P.B., Long, M.A., **Graham, P.L.**, Palmer, K.J., Steinbock, E., Defeyter, M.A. (under

review). Summer hunger: Do holiday clubs that serve school-age youth aid households that suffer from food insecurity?

Gooseman, A., Defeyter, M.A. and Graham, P.L. (under review). Holiday Hunger: Evidence, impacts and solutions according to school staff in the North East of England, UK.

Graham, P.L., Crilley, E., Stretesky, P.B., Long, M.A., Palmer, K.J., Steinbock, E. and Defeyter, M.A. (2016). Holiday clubs in the UK: A qualitative investigation of needs, benefits and potential for development. *Frontiers in Public Health*, August 2016.

Defeyter, M.A., **Graham, P.L.** and Prince, K. (2015). A qualitative evaluation of holiday breakfast club in the UK: Views of adult attendees, children and staff. *Frontiers in Public Health*, August 2015.

Defeyter, M.A., **Graham, P.L.** and Russo, R. (2015). More than just a meal: Breakfast club attendance and children's social relationships. *Frontiers in Public Health*, July 2015.

Graham, P.L., Russo, R. and Defeyter, M.A. (2015). Breakfast clubs: Starting the day in a positive way. *Frontiers in Public Health*, July 2015.

Graham, P.L., Russo, R. and Defeyter, M.A. (2015). The advantages and disadvantages of breakfast clubs according to parents, children and school staff in the North East of England, UK. *Frontiers in Public Health*, June 2015.

Graham, P.L. Does the food children eat for breakfast fuel exam grades? *The Conversation*, April 9, 2015.

Graham, P.L., Russo, R., Blackledge, J. and Defeyter, M.A. (2014). Breakfast and Beyond: The Dietary, Social and Practical Impacts of a Universal Free School Breakfast Scheme in the North West of England, UK. *International Journal of Sociology of Agriculture and Food*, 21 (3), 261-274.

Defeyter, M.A., **Graham, P.L.**, Walton, J. and Apicella, T. (2010). Breakfast clubs: Availability for British school children and the nutritional, social and academic benefits. *Nutrition Bulletin*, 35, 245-253.

Defeyter, M.A., Russo, R. and ***McPartlin, P.L.** (2009). The picture superiority effect in recognition memory: A developmental study using the response signal procedure. *Cognitive Development*, 24, 265-273.

Defeyter, M.A. and ***McPartlin, P.L.** (2007). Helping students understand essay marking criteria and feedback. *Psychology Teaching Review*, 13, 23-33.

*Maiden name

Conference Presentations:

Invited Talks

Graham, P.L. (October 2016). Looking beyond the core curriculum: The uses and benefits of school and community breakfast and holiday clubs. Education and Lifelong Learning Seminar Series. Northumbria University, Newcastle upon Tyne.

Graham, P.L. and Defeyter, M.A. (September 2016). Breakfast and holiday clubs: Uses, benefits and future directions. Feeding Affordances and Extra Helpings. Sheffield University, Sheffield.

Graham, P.L., Defeyter, M.A. and Russo, R. (November 2010). Breakfast club attendance and positive peer relationships: Is there a link? Paper presented at School and Community Breakfast Clubs: Breakfast on a Plate... Delivery to Impact. St James' Park, Newcastle upon Tyne.

Talks

Graham, P.L., Defeyter, M.A. and Russo, R. (September 2014). Breakfast with a portion of exercise: Does activity type influence children's behaviour in breakfast club? British Psychological Society North East of England Branch Annual Conference. Northumbria University, Newcastle upon Tyne.

Graham, P.L., Defeyter, M.A., Russo, R. and Blackledge, J. (February 2014). "It's a good idea this breakfast thing": Findings from the evaluation of a universal free school breakfast scheme in the North West of England, UK. Food, Children and Youth Conference. Lisbon, Portugal.

Graham, P.L., Defeyter, M.A. and Russo, R. (September 2011). Beyond the breakfast meal: "My favourite part of breakfast club is playing with my friends". British Psychological Society Developmental Psychology Section Annual Conference. Northumbria University, Newcastle upon Tyne.

Graham, P.L., Defeyter, M.A. and Russo, R. (November 2010). School breakfast clubs: Does attendance impact upon children's peer relationships? Paper presented at the British Psychological Society Psychology of Education Section Annual Conference. Kents Hill Park, Milton Keynes.

Graham, P.L., Defeyter, M.A. and Russo, R. (September 2010). Does school breakfast club attendance facilitate children's peer relationships? Paper presented at the British Psychological Society Developmental Psychology Section Annual Conference. Goldsmiths, University of London.

Posters

Graham, P.L., Defeyter, M.A. and Russo, R. (May 2011). Does school breakfast club attendance benefit children's social relationships? Northumbria Research Conference. Northumbria University, Newcastle upon Tyne.

Defeyter, M.A. and **Graham, P.L.** (April 2011). School and community breakfast clubs: How to address the lack of communication between key stakeholders. Ramside Hall Hotel, Durham.

Graham, P.L., Defeyter, M.A. and Russo, R. (April 2011). Friendship quality and peer victimisation: Could school breakfast club attendance make a difference? Poster presented at the Society for Research in Child Development Biennial Meeting. Montreal, Canada.

Graham, P.L., Defeyter, M.A. and Maiden, A. (October 2010). Could school breakfast club attendance lead to improvements in children's behaviour? Poster presented at Feeding the Future Generation: Nutrimenthe Open Forum. York.

Graham, P.L., Defeyter, M.A. and Maiden, A. (February 2010). Does breakfast club attendance influence behaviour? Poster presented at the Northern League Developmental Consortium. Northumbria University, Newcastle upon Tyne.

External Funding:

Premiership Rugby. Investigating the impact of Something To Chew On and HITZ programmes. April 2015-April 2017. (Co-investigator)

Premiership Rugby. Evaluation Programme for HITZ. November 2015-April 2017. (Co-investigator)

Food Cardiff. An evaluation of Cardiff's Food and Fun programme. July 2015. (Co-investigator)

Brakes. Evaluation of holiday clubs. July 2015. (Co-investigator)

Kellogg's. Evaluation of holiday breakfast clubs. July 2014. (Co-investigator)

Centre for Life. Investigating the impact of Maker Faire on STEM interest, education and careers. March 2015. (Principle investigator).

Worked as part of a multidisciplinary team to develop and deliver an evidence-based training programme for school catering staff to help them to enhance current practices around nutrition, behaviour management and the work and service environments.

September 2014-May 2015 *Part-Time Demonstrator* *Northumbria University*
Responsible for 45 second year undergraduate students on a lab skills module. Offered in-class support to students during lab classes, marked their assignments and provided written and verbal feedback.

July 2013 *CPD Tutor* *Northumbria University*
Delivered training on school and community breakfast clubs to public health and school representatives to inform the set up and development of breakfast clubs in the Stockport area.

September 2011-May 2012 *Part-Time Demonstrator* *Northumbria University*
Supported first year undergraduate psychology students in an introductory course on psychology lab skills and experience. Marked students' assignments and provided written and verbal feedback.

September 2008-October 2009 *Cover Supervisor* *The Norton School*
Delivered lessons at all levels across the secondary school curriculum in the absence of subject teachers.

January 2008-July 2008 *English Skills Tutor* *Brierton School*
Planned and delivered a series of English skills lessons to a group of year 8 boys.

January 2006 - April 2006 *Part-Time Tutor* *Northumbria University*
Taught a series of social psychology workshops to first year undergraduate students.

Professional Memberships and Responsibilities:

Chartered member of the British Psychological Society (April 2016-Present)

Graduate member of the British Psychological Society (October 2010-April 2016)

Media and Graphics Officer for the British Psychological Society North East of England Branch (October 2014-January 2016)

Member of the organising committee for the British Psychological Society North East of England Branch Annual Conference 2014.

Member of the scientific committee for the British Psychological Society North East of

England Branch Annual Conference 2014.

Ordinary committee member for the British Psychological Society North East of England Branch (2013-2014)

Postgraduate committee member for the British Psychological Society Developmental Section (2010-2011)

Member of the organising committee for the British Psychological Society Developmental Section Annual Conference 2011.

Member of the organising committee for the Breakfast on a Plate: Delivery to Impact Conference 2010.

Member of the Northumbria-Newcastle Developmental Psychology Initiative (2010-Present)

Member of Fuse: Centre for Translational Research in Public Health (2010-Present)

Member of the Sunderland Obesity Partnership Group (2010-2011)

Reviewer for the British Food Journal

Reviewer for Nutrition Bulletin