

## Eilish Crilley

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Psychology graduate with experience working across a range of different research projects from my Voluntary Research work and from my current employment as a Senior Research Assistant in the Healthy Living Lab. My work experience involves supporting families and disadvantaged children in the community which is something I am passionate about. I work well as a member of any team and can also work independently under my own initiative. I am reliable with good time keeping and communication skills. I also have a driving license with access to my own vehicle.

### Education

**2012-2015**

#### **Northumbria University**

Psychology 2:1 BSc accredited by the BPS.

**2010-2012**

**St. Thomas More Sixth Form College.** Lynn Road North Shields

**A Levels:** Psychology (A), English Language and Literature (A), Ethics and Philosophy (B).

**2005-2010**

**St. Thomas More High School.** Lynn Road North Shields

9 GCSE grade A-C including English and Maths.

### Relevant Work Experience

**July-  
September  
2014**

**July 2015-  
Present**

#### **Senior Research Assistant and Voluntary Research Assistant at Northumbria University**

- Gained competency in research design, data collection, analysis and report writing by assisting in gathering and reporting data. Acknowledged in a paper for my contributions.
- Extended on my confidence in IT skills on Microsoft packages and Statistical packages (particularly SPSS and Excel).
- **Publication: Graham, P. L., Crilley, E., Stretesky, P. B., Long, M. A., Palmer, K. J., Steinbock, E., & Defeyter, M. A. (2016). School Holiday Food Provision in the UK: a Qualitative investigation of needs, Benefits, and Potential for Development. *Frontiers in Public Health*, 4.**

**December  
2015-  
Present/ June  
2016- Present**

#### **Family Support Worker and Crisis and Outreach Worker at Barnardos**

- Working with families who have children under child protection plans to help them reach certain outcomes along with sessions with their children if necessary. Also working with families who have children with disabilities supporting them through a crisis and taking the children out into the community.
- This has allowed me to develop my own resilience in difficult situations and deal with various sensitive situations in family environments which can be hostile.

**September  
2015-  
Present**

### **Education Support Worker at Keyfort**

- Specialist Mentor, Exam Support and Note Taking Support for students who have learning disabilities and mental health conditions. Social Mentor for individuals experiencing communication difficulties. Providing support to adults with brain injuries and learning disabilities to access the community safely.
- I also work as part of a multi-disciplinary team at Hawthorns Rehabilitation Care Centre providing emotional support and assessing cognitive abilities.
- Experience and understanding of complex conditions has allowed me to support and challenge individuals thoughts to increase confidence etc.

**September  
2014-  
Present**

### **CVS South Tyneside NHS Hospital Volunteer**

- Working with a range of patients assisting and encouraging patients at meal times, preparing beds, drinks and snacks alongside reading to patients and assisting them to X-Rays.
- Engaging with a caring and genuine attitude while respecting patient's privacy and obtaining a sensitive and patient approach.

**01/06/2015-  
03/07/2015**

### **Samutthana SLV Psychology Placement in Sri Lanka (supported by the NHS)**

- Practical experience acquired by organising and running creative therapeutic activities at a variety of psychiatric facilities. Communicated with mental health and special needs patients whilst challenged by cross-cultural communication. Also taught English in schools and children's home and provided tutoring to those struggling.
- Participated in training sessions to prevent and improve mental wellbeing.
- Theoretical experience utilised by meditation and creative therapy workshops.

**January 2014-  
May 2015**

### **North Tyneside NHS Hospital Arts Project Leader**

- Rehabilitation ward for elderly patients doing Art Therapy with a group of patients or working one on one encouraging them to get involved.
- Supervising other volunteers and answering questions they may have whilst also organising sessions proving good leadership qualities.

**02/03/2015**

### **Volunteering at the Undergraduate Conference**

- Responsible for setting up and helping run the event along with providing supervision and assistance whenever required.
- Expanded on time management and showed reliability.

**12/09/2014**

### **Organiser at the North East of England BPS Conference**

- Involved in meeting and greeting, setting up equipment and guiding visitors to different locations within Northumbria University.
- Gained exceptional organisational and administrative skills.

## **Additional Work Experience**

**16/10/2012-  
23/05/2015**

### **Topman Sales Advisor**

- Provided excellent customer service developing communication skills, good multitasking and ability to be flexible in rotating duties.
- Balancing work and my studies established abilities to prioritise effectively.

**11/05/2011  
-09/10/2012**

### **Matalan Sales Advisor**

- Presented outstanding initiative abilities working quickly, independently and part of a team in a fast paced environment while also resolving customer issues and meeting targets under pressure.