

Julie Young

Qualifications

PhD	School of Pharmacy, The Robert Gordon University, Aberdeen (Thesis title: Biomarkers of oxidative stress in models of schizophrenia)	2003 - 2008
Pg Certificate	The Robert Gordon University, Aberdeen	2004
MSc Human Nutrition And Metabolism	Department of Medical Sciences, University of Aberdeen	2001 – 2002
BSc Biochemistry 2:1 (Hons)	Department of Cell and Molecular Biology, University of Aberdeen	1997 – 2001

Professional Experience

Lecturer Human Nutrition, Northumbria University 2011- current

Centre for Obesity Research and Epidemiology (CORE), RGU 2010-2011
Research Fellow for a Scottish Government public engagement project entitled 'Fat Body Slim: Shape Matters' to highlight awareness of the increasing problem of obesity and its related diseases. The project involves taking an interactive exhibit to rural secondary schools and communities centres around northern Scotland and its Islands. The project was a follow-on from an exhibit invited to be part of the Royal Society's 350th Anniversary Summer Meeting in London, 2010.

School of Pharmacy and Life Sciences, RGU 2009 – 2011
Ad-hoc Lecturer for Forensic and Biomedical Science courses, teaching statistics, biology and cell culture to 1st year students. Supervisor for honours students dissertation project/lab project and part of supervisory team for MSc students on the Instrumental Analytical Science course.

Centre for Obesity Research and Epidemiology (CORE), RGU 2009- 2010
Research Assistant for a pilot study to determine the use of a 3D body scanner as an adjunctive treatment for people with eating disorders.

Imajica Ltd, Aberdeen 2007 – 2009
Office administrator.

**School of Life Sciences, RGU,
Aberdeen** 2006-2007
Temporary research posts providing lab support and data input for a project researching nutrition and breast cancer.

The Food Standards Agency, Aberdeen 2002 - 2003
Temporary post providing support to the 'Healthy Eating' campaign launched in January 2003.

Publications

Stewart AD, Klein S, Young J, Simpson S, Lee AJ, Harrild K, Crockett P, Benson PJ. 2012. Body image, shape, and volumetric assessments using 3D whole body laser scanning and 2D digital photography in females with a diagnosed eating disorder: preliminary novel findings. *Br J Psychol.* 103(2):183-202.

Stewart AD, Nevill AM, Stephen R. Young J. 2010. Waist size and shape assessed by 3D photonic scanning. *International Journal of Body Composition Research* 8(4) pp 123-130.

Julie Young, Klaus WJ Wahle, Susanne P Boyle 2008. Cytoprotective effects of phenolic antioxidants and essential fatty acids in human blood monocyte and neuroblastoma cell lines: surrogates for neurological damage in vivo. *Prostaglandins, Leukotrienes and Essential Fatty Acids.* 78 pp 45-59.

Young J, McKinney SB, Ross BM, Wahle KWJ and Boyle SP 2007. Biomarkers of oxidative stress in schizophrenia and control subjects. *Prostaglandins, Leukotrienes and Essential Fatty Acids.* 78 pp 73-85.

Young J, McKinney S, Ross B, Wahle KWJ and Boyle SP 2005. The effects of antioxidants on hydrogen peroxide-induced DNA damage in human lymphocytes and neuroblastoma. *Schizophrenia Bulletin* 31 (2) p 280.

Young J, McKinney S, Ross B, Wahle KWJ and Boyle SP 2004. Investigation of endogenous and H₂O₂-induced DNA damage in lymphocytes from schizophrenic patients and control subjects using the comet assay. *Journal of Pharmacy and Pharmacology* 56 S-230.

Professional Qualifications

Registered Nutritionist – UK Voluntary Register of Nutritionists
Member of the Nutrition Society